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| 1. Course title: **Sport theory and practice III. (Handball)** | | | | | |
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| 2. Code: | | 3. Type (lecture, practice etc.): lecture | | | |
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| 4. Contact hours: 2 hoursper week | | 5. Number of credits (ECTS): 2 | | | |
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| 6. Preliminary conditions (max. 3):   * **Sport theory and practice II. (Handball)** | | | | | |
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| 7. Announced: fall semester, spring semester,  both | | | | | |
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| 8. Limit for participants: 30 | | | | | |
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| 10. Responsible teacher (faculty, institute and department):  Robert Paic (Faculty of Science, Institute of Sport Sciences and Physical Education, Department of Sport Theory and Sport Management) | | | | | |
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| 11. Teacher(s) and percentage: | | Robert Paic | | 100 % | |
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| 12. Language:English | | | | | |
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| 13. Course objectives and/or learning outcomes:  Objectives: Proper knowledge of training theory, and methodology for the young handball players according to age. Knowledge about junior aged players training requirement system, split to age classes.  Learning outcomes: Knowledge about the MKSZ youth competition system, the selection and talent care strategy. | | | | | |
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| 14. Course outline   1. Terms of completing the course and describing the exercises of the semester. Repeating the technical and tactical elements, learnt in the semester before. Handball game. 2. The MKSZ junior competition system. The special rules of the junior competitions. 3. The emphasized training aspects, training methodology and the linked preparation games, practices of the age class 6-8. The practices of the skill development with ball in the training for the junior age classes. 4. The emphasized training aspects, training methodology and the linked preparation games, practices of the age class 9-10. The opportunities of using games, the creative games and the match games during the Sponge ball training. 5. Checkout: writing test 1: Sponge ball age class. Presentation. 6. The emphasized training aspects, training methodology and the linked preparation games, practices of the age class 11-12. 7. The emphasized training aspects, training methodology and the linked preparation games, practices of the age class 13-14. 8. The unique teaching and pedagogical specialties of the junior age class (6-14). The creating of a controlled competition-situation, and the methodology of group forming. 9. Checkout: writing test 2. Presentation. 10. The selection system and practice material of the MKSZ. The possibilities of the skill care, age classed junior picked teams. 11. The emphasized training aspects, training methodology and the linked preparation games, practices of the age class 15-16. 12. The emphasized training aspects, training methodology and the linked preparation games, practices of the age class 17-18. 13. Presentation of the checkout exercises. Correction and replacement. Discussing the outcomes. Rating of the work in the semester. | | | | | |
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| 15. Mid-semester works   1. Written test 1. Practical presentation. 2. Written test. Practical demonstration. 3. Practical presentation, handing in the dissertation (youth age-group) 4. Practical demonstration. | | | | | |
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| 16. Course requirements and grading  **Lesson visits:** The acquirement of the mark: attending minimum 75% of the classes, active participation on the 50% of the classes. Not completing the terms will be followed by the refusal of the signature.  **Theory:** Completing the written test about the schoolwork of the semester. Writing tests on the lessons of week 5 And 9, by the mode and material that the lecturer presented at the start of the semester. The rating of the test is with a 5-staged mark. Handing in the match visitation and participation record at the end of the open period. Watching two successive sponge ball match live, and making a record about them. The record includes the place, the date of the match, the name of the teams, and the outcomes at half-, and fulltime. The record must be certificated by the signature of an MKSZ functionary. Active participation on one day of the MKSZs regional selection event, and helping the selecting person in their measurement duties. The participation must be certificated by the signature of the selecting inspector. Written homework about the characteristics of the junior age class training.  **Practice**:   * Keeping a training part composed by 3 elements (max. 12 min.) to the classmates, from the teaching material of the sponge ball age class, after pulling a sentence. * Teaching 1 technical element to the classmates (max. 12 min.) with exercises according to the puberty age class age and level of skill, after pulling a sentence. * Presenting 1 conditional skill development (max. 12 min.) according to the youth age class age and level of skill, after pulling a sentence.   The rating of the theoretical and practical tasks will be with a 5-staged mark, the final mark is formed by the average of the part ratings. | | | | | |
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| 17. List of readings   1. Zoltán MARCZINKA (2015): Playing Handball, Trio, Budapest 2. Rules of Handball (from inf.info site) | | | | | |
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| 18. Recommended texts, further readings   1. An electronic textbook is available from the lecturer. | | | | | |
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| **Date** | 13 April, 2017 | **Prepared by** |  | | |
| Robert PAIC  responsible teacher | | |
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| **Endorsed by** | | |  | | |
| Dr. Márk VÁCZI program supervisor | | |