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| 1. Course title: **Leading and practice of training II. (Handball)** | | | | | |
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| 2. Code: | | 3. Type (lecture, practice etc.): theory and practice | | | |
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| 4. Contact hours: 1 hour theory and 2 hours practiceper week | | 5. Number of credits (ECTS): 2 | | | |
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| 6. Preliminary conditions (max. 3):   * Leading and practice of training I. (Handball) | | | | | |
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| 7. Announced:fall semester,  spring semester,  both | | | | | |
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| 8. Limit for participants: | | | | | |
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| 10. Responsible teacher (faculty, institute and department):Gergely Szappanos | | | | | |
| **Balázs Meszler** | | | | |
| 11. Teacher(s) and percentage: | | Gergely Szappanos | | 50% | |
| Contrybutory teachers, coaches | | 50% | |
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| 12. Language:English | | | | | |
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| 13. Course objectives and/or learning outcomes:  Course objectives: Students must be familiar with the structure and particularity of the training, and with the particularity of the training of different age groups.  Outcomes: Students must be familiar with the pedagogic, sociologic, and psychological features of the coach’s work; furthermore, they must be able to use those features. Students are capable to plan and lead training parts in different age groups. | | | | | |
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| 14. Course outline   1. week: Safety instructions. Terms of completing the course. 2. week: The characteristics of a handball training. 3. week: The pedagogic work of the trainer, training leadership. 4. week: Training leadership exercise. 5. week: Mesocycle planning exercises in handball I. 6. week: Mesocycle planning exercises in handball II. 7. week: The planning work of the trainer I. 8. week: The planning work of the trainer II. 9. week: The training, as a pedagogic course. 10. week: Training according to game elements, game systems. 11. week: Practicing technical and tactical elements. 12. week: Training analysis considering the tactical solutions and executions. 13. week: Repeating the technical and tactical elements based on certain in game situations. | | | | | |
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| 15. Mid-semester works   1. week: 2. week: 3. week: 4. week: 5. week: 6. week: 7. week: Leadership exercises at junior teams. 8. week: 9. week: Leading a presentation training 10. week: Test 11. week: 12. week: 13. week: Deadline for written homework (mesocycle) | | | | | |
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| 16. Course requirements and grading  Written test 40%, Written homework (mesocycle) 40%, Leading trainings 20%.  Grades:  0–50% fail  51–65% acceptable  66–75% average  76–90% good  91–100% excellent | | | | | |
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| 17. List of readings   1. Zoltán MARCZINKA (2015): Playing Handball, Trio, Budapest 2. Rules of Handball (from inf.info site) | | | | | |
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| 18. Recommended texts, further readings | | | | | |
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| **Date** | 05/05/2017 | **Prepared by** | **Gergely Szappanos** | | |
| responsible teacher | | |
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| **Endorsed by** | | | **Dr. Márk VÁCZI** | | |
| program supervisor | | |